

Hartford Cares

“The City of Hartford recognizes how precious our seniors are, and we are committed to their safety and well-being. The “Are You OK” program is just one way we can stay connected.

If you have a medical condition, live alone or are far from loved ones, this program will ensure that you will never be out of touch for long. You can let us know when you want to be contacted, and it costs you nothing.

This is just one of the many services available to seniors through the City of Hartford, and we are grateful to the Commission on Aging and honor the memory of Roberta Jones for their tireless efforts to make sure that our seniors are safe.

As Mayor of Connecticut’s Capital City, we want you to know that ...

“Hartford Cares”

Honorable Mayor
Pedro E. Segarra



PROGRAM SPONSORED BY:
COMMISSION ON AGING

Dedicated to the memory of
Roberta L. Jones



"We have a responsibility to take care of one another. So have safety for your neighbors and loved ones and ask, Are You OK? "



Hartford Fire Department
Special Services Unit
275 Pearl St.
Hartford CT, 06103
(860)757-4530

The Commission on Aging studies the needs of Hartford’s elderly citizens and makes recommendations to improve their quality of life.

We thank the late Commissioner Roberta Jones and the Hartford Fire Department for their leadership in bringing the “Are You O.K.? Program to Hartford.

Are You OK?®



A Free Program for Seniors Who Live Alone



PEDRO E. SEGARRA
MAYOR



The Are You O.K.? program is a FREE computerized telephone reassurance service specifically designed for senior citizens 65 years and older in our community. Already available in 45 states, it is a daily call to those who live alone and do not rely on friends and relatives to check-in with them. This program is a voluntary service at "no cost" to the user, giving a sense of security to some of our most vulnerable citizens. Are You O.K.? assists seniors in maintaining an independent lifestyle.

How Does "Are You O.K.? Work?

When a person becomes enrolled in the program, they will provide a specific time that they would like to receive a call each day. They also give the names of emergency contact people that they would like us to contact in case of an emergency with other pertinent information. And that's it!

Every day, a senior will get a phone call from the Are You O.K.? program at the same time each day. A recorded greeting will ask Are You Okay. All you have to do is answer the call. This signals the computer that all is well with you. If the call is not picked up by you, the computer will call back. If there is no response the computer alerts human emergency personnel who will dispatch a responder to your home.

Going on Vacation?

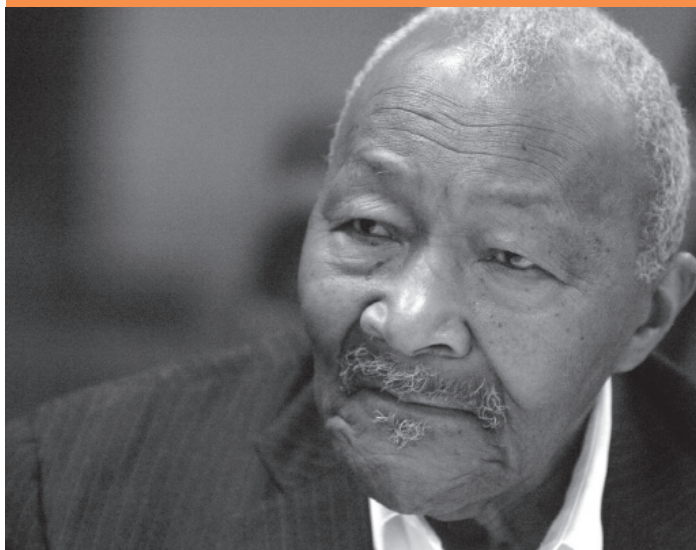
Are You O.K.? is flexible. It can easily work with your schedule including work, holidays, vacations, religious services and regular appointments. If you will be away from home during your regular scheduled call-in time, all you have to do is call the 311 Call Center to stop the calls while you are away.

Taking the Fear Out of Being Alone

Contacting an elderly person or homebound individual on a daily basis helps to reassure their well being and gives them a feeling of security.

The Are You OK?® telephone reassurance system eases the concern of friends and family who may find it difficult to maintain consistent, reliable contact. Someone who is elderly or disabled may still want the independence of living on their own, along with the security of being monitored. The RUOK® system brings a sense of comfort into every subscriber's home.

Each day at a pre-arranged time, RUOK® automatically makes computerized monitoring calls inexpensively and without interruption to normal community services.



SUBSCRIBE TODAY.

Please fill in the information below to start the enrollment.

Name: _____

Date: ____/____/____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____

Call Dates & Time

Days: (Please choose one)

- | | | |
|-----------------------------------|----------------------------------|------------------------------------|
| <input type="checkbox"/> Monday | <input type="checkbox"/> Tuesday | <input type="checkbox"/> Wednesday |
| <input type="checkbox"/> Thursday | <input type="checkbox"/> Friday | <input type="checkbox"/> Saturday |
| <input type="checkbox"/> Sunday | | |

Time: ____:____ AM PM

Language: English Spanish

Emergency Contacts

Name: _____

Relation: _____

Phone Number: _____

Name: _____

Relation: _____

Phone Number: _____

Doctor: _____

Phone: _____

- | | | |
|--|---|-----------------------------|
| Are you able to walk? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Are you hearing impaired? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Are you visually impaired? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have pets? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Does someone else have a key to your home? | <input type="checkbox"/> Yes, _____ <input type="checkbox"/> No | |

To register, please call 311
Monday through Friday
8:30am to 4:30pm.
Have this information ready.